

Category	Date	Date(s) of Significance
Cultural	All Month	German Heritage Month A time to recognize the contributions German Canadians have had and how their heritage has shaped Canada's current social and economic fabric.
Cultural	All Month	Canadian Islamic History Month A time where all Canadians can learn more about the culture, contributions and achievements of the Muslim community.
Cultural	All Month	Latin American Heritage Month A time to showcase the richness and vitality of Latin American cultures and heritage while reflecting on the contributions the Latin American community have made to Canadian culture.
Gender Equity	All Month	Women's History Month In 1992, the Government of Canada designated October as Women's History Month, marking the beginning of an annual month-long celebration of the outstanding achievements of women throughout Canada's history.
Disabilities / Diverse Abilities	All Month	Autism Awareness Month An opportunity for Canadians to learn more about autism and how we can support people living with autism, their families and their caregivers.
Health	All Month	Foster Family Month A time to celebrate and break-down stereotypes of foster family structures.
Disabilities / Diverse Abilities	All Month	Community Inclusion Month This month celebrates the valuable contributions that people with developmental disabilities make and recognizes the importance of communities where everyone is included.
Health	01-Oct	National Seniors Day An occasion for Canadians to celebrate the contributions of seniors in our homes, communities and workplaces.

Health	09-Oct	Pediatric Acute-Onset Neuropsychiatric Syndrome (PANS) Awareness Day A day to recognize those living with PANS in British Columbia.
Cultural	13-Oct	Thanksgiving Day A day rooted in European agricultural tradition to celebrate the fall harvest and giving thanks.
Health	10-Oct	World Mental Health Day A day which promotes mental health awareness and education, and advocates against social stigma relating to mental health.
Gender Equity	11-Oct	International Day of the Girl A day to recognize girls' rights and the unique challenges girls face around the world.
2SLGBTQIA+	15-Oct	International Pronouns Day International Pronouns Day seeks to make respecting, sharing, and educating about personal pronouns commonplace.
2SLGBTQIA+	16-Oct	Spirit Day Spirit Day is day where people are encouraged to wear purple to create awareness for the bullying and harassment that the 2SLGBTQ+ community faces. Created by a Canadian student inspired by Pink Shirt Day.
Health	16-Oct	World Food Day A day to promote worldwide awareness and action for those who suffer from hunger and for the need to ensure healthy diets for all.
Health	17-Oct	International Day for the Eradication of Poverty This day presents an opportunity to acknowledge the effort and struggle of people living in poverty, a chance for them to make their concerns heard, and a moment to recognize that poor people are the first ones to fight against poverty.
Gender Equity	18-Oct	Persons Day This day marks the historic decision in 1929 to include women in the legal definition of "persons" was handed down by Canada's highest court of appeal.
Health	24-Oct	International Day of Climate Action A day to increase awareness to reduce greenhouse gas emissions and strengthen resilience and adaptive capacity to climate-induced impacts.